CLAIMS

We claim:

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- 1. A method of inhibiting chytochrome P450 enzymes selected from the group consisting of CYP1A2, CYP2A6 and CYP3A4, comprising the step of administering an effective inhibition amount of AHT-323A botanical extract to a patient.
- 2. The method of claim 1, wherein the *in vitro* IC₅₀ value of said AHT-323A botanical extract on said cytochrome P450 enzyme CYP1A2 is about 0.176 mg/ml.
- The method of claim 1, wherein the *in vitro* IC₅₀ value of said AHT 323A botanical extract on said cytochrome P450 enzyme CYP2A6 is about 0.741 mg/ml.
- 4. The method of claim 1, wherein the *in vitro* IC₅₀ value of said AHT-323A botanical extract on cytochrome P450 enzyme CYP3A4 is about 0.0366 mg/ml.